



# NATIONAL SAFETY COUNCIL-KERALA CHAPTER

Together with



## SCMS Institute for Road Safety And Transportation

Cordially invites you to a comprehensive Training on:

### Defensive Driving & Road Safety Training with Practical Session

An Engaging Full-Day Training for Safer Roads and Smarter Driving

**DATE: 25 July 2025**

**VENUE:** Safety Training And Research Centre, National Safety Council-Kerala, Irumpanam Road, Kochi.

**Time: 9:00 am – 5:00 pm**

**Seats are limited to 30**

**Last Date of Registration: 21 July 2025**

#### Overview

This practical, hands-on training is designed to build awareness, confidence, and skills in vehicle safety, emergency handling, and defensive driving. Ideal for all drivers—from fleet operators to individuals—this program emphasizes real-world safety, road behaviour, and in-vehicle preparedness.

#### Key Modules Covered:

##### 1. Know Your Vehicle

- Understanding core vehicle systems: brakes, steering, suspension, tyres, battery, lighting, and dashboard alerts
- Vehicle safety features: airbags, seat belts, ABS, crumple zones
- Basic vehicle maintenance: fluid checks, battery care, tyre health, and wiper replacements

##### 2. Emergency Response & Safety Skills

*(Hands-on)*

- Escape drills: Sinking car, vehicle fire
- Emergency handling: Skid control, brake failure, tyre blowout
- Practical skills: Changing tyres, jump-starting, wiper replacement

##### 3. Defensive Driving Techniques

- Safe distance, lane discipline, night & weather driving
- Blind spot awareness, hazard perception, distraction management
- Speed control, eco-driving, dealing with aggressive drivers

##### 4. Behavioural Aspects of Driving

- Risk perception, stopping distances, attitude to rules
- Dangers of overconfidence, alcohol, and mobile usage

**Faculty details:** Experienced professionals with expertise.

#### Learning Outcomes:

- Improve awareness and control through defensive driving
- Gain confidence in handling emergencies
- Ensure vehicle readiness with daily checks
- Learn life-saving escape and safety techniques

#### How to Register

Log on to <https://www.nsckerala.org> and complete the registration formalities online

**Or**

Email us at [office@nsckerala.org](mailto:office@nsckerala.org) with names, designation and contact numbers of the nominated persons.

**Or**

[Click Here to Register](#)

#### Bank Details

Name: National Safety Council-Kerala Chapter  
Bank : State Bank of India, CEPZ Branch, Kakkanad

Account No: 38029686697  
IFSC Code : SBIN0009485  
GSTIN : 32AAAAN7840C1Z0  
PAN No : AAAAN7840C



#### Fees:

For Members: **2200** plus 18% GST  
For Non-Members: **2500** plus 18% GST  
Group discount: **10% discount** for more than two members from same organization.

**For Queries:-National Safety Council-Kerala Chapter** Email: [office@nsckerala.org](mailto:office@nsckerala.org) / [secretary@nsckerala.org](mailto:secretary@nsckerala.org) Mobile:9745044060 | **Mr. C Ramesh:** 9349208008